

KNOW BOUNDARIES / EXPERIENCE FREEDOM

(Research Based Programming from CAFNB)

Dear Principal/Guidance Counselor/Teacher,

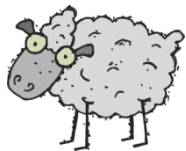
We seek to serve as an educational resource by helping to equip youth with sound reasons for making wise choices in regard to social issues. CAFNB has been working in schools throughout New Brunswick for many years. We offer this resource without charge anywhere in New Brunswick.

Internet (6-8)



Cyber “Character” (6-8) is a presentation based on the Golden Rule. Treating other people as you would like to be treated yourself is key when youth are interacting on the Internet. This multimedia seminar examines the amount of time we spend on the Internet. It helps preteens and teens navigate the idea that no matter how anonymous they may feel on the Internet, it is still a matter of character how they conduct themselves.

Peer Pressure (K-8)



Willy and Wally is a multimedia program which equips children (K-3) with skills on how to deal with peer pressure while teaching them how to make good decisions. Areas covered: being unkind to others, lying, talking to strangers, smoking, fighting and cheating.



How to Say No and Keep Your Friends This 50 min. multimedia presentation is designed to help preteens and young teens respond to negative peer pressure when faced with difficult decisions relating to: drug use, cheating, fighting, rules at home and in the community.



Substance Abuse (4-12)

Understanding Addiction (4-8)

Addictions often start very early in the life of a young person. This presentation helps students to understand how “weighty” the choices are of using drugs and alcohol. Based on the principles of “guarding your decisions” and “putting aside weights” this frank discussion about the results of addiction helps students to make informed decisions.



Something for the Pain (9-12)

This generation has never had more training in regard to substance abuse; however, many teens continue to turn to drugs and alcohol to self-medicate. *Something for the Pain* helps teens examine other strategies for finding solutions to their problems and to develop independence.

The Christian Action Federation of New Brunswick Inc.

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Contact Us – We would love to serve your school!